

Curriculum Vitae for:

Kathy Korell-Rach, Ph.D.
Colorado Licensed Psychologist # 4016
Life Coach for Sport Performance
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EDUCATION

Doctor of Philosophy	University of North Dakota - Grand Forks, ND Department of Clinical Psychology Degree Conferred: August 2011 Advisor: Justin Douglas McDonald, Ph.D.
Master of Arts	University of North Dakota - Grand Forks, ND Department of Clinical Psychology Degree Conferred: August 2007 Advisor: F. Richard Ferraro, Ph.D.
Bachelor of Arts	University of Wyoming - Laramie, WY College of Arts and Sciences Major: Psychology; Minor: Sociology Degree Conferred: May 2004

CLINICAL EXPERIENCE

Country Counseling, LLC July 2013 – present Loveland, Colorado Licensed Clinical Psychologist/Owner	University of Colorado Denver July 2009 – June 2010 Aurora, Colorado APA Accredited Internship Major Rotation: Colorado Department of Corrections Minor Rotation: The Center for Integrative Medicine Minor Rotation: National Jewish Health Center
Rocky Mountain Memory Center October 2017-October 2018 Fort Collins, Colorado Neurocognitive Rehabilitation Therapist	
La Luna Center & Fort Collins Therapy Center July 2010 – August 2013 Fort Collins, Colorado Psychologist Candidate/ Licensed Psychologist	La Luna Center August 2008 – June 2009 Fort Collins, Colorado Practicum Student

Red River Valley Juvenile Center
May 2007 – May 2008
Crookston, Minnesota
Practicum Student

Tri-County Community Corrections
May 2007 – May 2008
Crookston, Minnesota
Practicum Student

Psychological Services Center
August 2006 – May 2007
University of North Dakota
Practicum Student

Center for Psychological and Educational Assessment
August 2006 – May 2007
University of North Dakota

TEACHING EXPERIENCE

Front Range Community College
January 2011 – May 2011
Part-Time Instructor

University of Colorado, Denver
September 2009 - November 2009
Medical Student Preceptor

University of North Dakota
August 2005 – May 2007
Graduate Teaching Assistant

**Indians into Psychology
Doctoral Education (INPSYDE)**
June 2007
Program Summer Institute Teacher

Fremont County School District No. 24
August 2004 – May 2005
Paraeducator

**University of North Dakota/
Eastern Connecticut State University**
January 2006-January 2007
Brown Localization Test
Supervisors: F. Richard Ferraro, Ph.D.
Franklin C. Brown, Ph.D.

University of Wyoming
August 2002-May 2004
Research Assistant
Supervisor: David Estes, Ph.D.

PROFESSIONAL ACTIVITIES, WORKSHOPS, AND MEMBERSHIPS

American Psychological Association
Full Member: August 2011 – February 2017
Associate: May 2010 – August 2011

Psychodrama Training Group
Instructor: Karen Drucker, Psy.D.
January 2011 – May 2013

**Acceptance and Commitment Therapy
For Treating Eating Disorders**
Presenter: La Luna Center, Boulder
July 2012

Health Psychology Seminar Series
Presenter: University of Colorado Denver
July 2009 – June 2010

Psychiatry Grand Rounds
Presenter: University of Colorado Denver
September 2009 – May 2010
**Social Rhythm and Interpersonal
Therapy Workshop**
Workshop Instructor: Ellen Frank, Ph.D.
October 2009

**Integrating Art Therapy in the Treatment
Of Trauma and Eating Disorders**
Presenter: Eating Disorder Center of Denver
October 2008

Working with Bisexual Clients Workshop
Presenter: Robyn Ochs
January 2008

**Parents And Children Talking (PACT)
Workshop**
Presenter: UND Conflict Resolution Center
February 2007

HONORS

OpenCare Patients' Choice Award for Psychologist – 2015
Nominated for Master Teacher Award at Front Range Community College – 2011
Nominated for University of North Dakota Outstanding Master's Thesis 2007-2008
University of Wyoming College of Arts and Sciences Top Twenty Graduate – 2004
University of Wyoming Outstanding Senior Psychology Student – 2004
University of Wyoming Outstanding Junior Psychology Student – 2003

PUBLICATIONS

Professional Peer-Reviewed Articles:

Dissertation: Korell-Rach, K. L. & McDonald, J.D. (2011). Alleviating equines:
Investigating the hypothesized mechanisms of change in equine assisted
psychotherapy.

Thesis: Korell, K. L. & Ferraro, F. R. (2007). Investigating the sociometer theory and its
impact on disordered eating within sororities.

Korell, K. L., Marino, J., & Ferraro, F. R. (2008). Review of understanding
developmental disorders: A causal modeling approach. *The Psychological
Record*, 58, 325-326.

Korell-Rach, K., & Ferraro, F. R. (2010). Review of handbook of approach and
avoidance motivation. *The Psychological Record*, 60, 555-556.

Marino, J., Cowles, M., Ertelt, T. W., Korell, K. L., Campbell, J., & Ferraro, F. R. (2010). Review of obesity: Causes, mechanisms, prevention, and treatment. *The Psychological Record*, 60, 381-382.

Life Coaching for Sport Performance Articles in National and Regional Magazines:

The Right Stuff. *The Team Roping Journal*, November 2018.

Training Your Team Roping Tot. *The Team Roping Journal*, June 2018.

Mastering The Mental Game. *The Team Roping Journal*, December 2017.

Selecting Your Lense. *The Wrangler: Horse and Rodeo News*, May 1, 2017.

For Whom Are You Riding? *The Wrangler: Horse and Rodeo News*, Apr 1, 2017.

Communication Complications. *Barrel Horse News*, Mar 2017.

Are You Lucky? *The Wrangler: Horse and Rodeo News*, Mar 1, 2017.

When It's Going NOT So Well. *The Wrangler: Horse and Rodeo News*, Feb 1, 2017.

When It's Going Well. *The Wrangler: Horse and Rodeo News*, Jan 1, 2017.

Make Them Behave (Part III). *The Wrangler: Horse and Rodeo News*, Dec 1, 2016.

Make Them Behave (Part II). *The Wrangler: Horse and Rodeo News*, Oct 1, 2016.

Make Them Behave (Part I). *The Wrangler: Horse and Rodeo News*, Sept 1, 2016.

Cross Training. *The Wrangler: Horse and Rodeo News*, July 1, 2016.

Handling Pressure. *The Wrangler: Horse and Rodeo News*, June 1, 2016.

Do What Works. *The Wrangler: Horse and Rodeo News*, May 1, 2016.

Are You Contagious? *The Wrangler: Horse and Rodeo News*, Apr 1, 2016.

Pull Your Head Out of Your...*The Wrangler: Horse and Rodeo News*, Mar 1, 2016.

Taking The Leap. *The Wrangler: Horse and Rodeo News*, Feb 1, 2016.

Put Me In Coach! *The Wrangler: Horse and Rodeo News*, Jan 1, 2016.

The Off-Season. *The Wrangler: Horse and Rodeo News*, Dec 1, 2015.

Thanksgiving. *The Wrangler: Horse and Rodeo News*, Nov 1, 2015.

Routines Are Required. *The Wrangler: Horse and Rodeo News*, Oct 1, 2015.

Finding Flow. *The Wrangler: Horse and Rodeo News*, Sept 1, 2015.

Size Matters. *The Wrangler: Horse and Rodeo News*, Aug 1, 2015.

Independence Day. *The Wrangler: Horse and Rodeo News*, July 1, 2015.

Riding Scared? *The Wrangler: Horse and Rodeo News*, June 1, 2015.

Dealing With Defeat. *Barrel Horse News*, June 2015.

May Day, Mayday! *The Wrangler: Horse and Rodeo News*, May 1, 2015.

Slump Got You Stumped? *The Wrangler: Horse and Rodeo News*, Apr 1, 2015.

Improving Attributions. *The Wrangler: Horse and Rodeo News*, Mar 1, 2015.

Love Thy Horse. *The Wrangler: Horse and Rodeo News*, Feb 1, 2015.

Realizing Those Resolutions. *The Wrangler: Horse and Rodeo News*, Jan 1, 2015.

Mind Over Matter. *Barrel Horse News*, Dec 2014.

Run Away? (Pt 3 of 3-pt series). *Barrel Horse News*, Aug 2014.

Just Calm Down. (Pt 2 of 3-pt series). *Barrel Horse News*, July 2014.

Managing And Embracing Anxiety. (Pt 1 of 3-pt series). *Barrel Horse News*, June 2014.

Run A Valued Race. *Barrel Horse News*, May 2014.

See Your Best, Be Your Best. Part II. *Barrel Horse News*, October 2013.

See Your Best, Be Your Best. Part I. *Barrel Horse News*, September 2013.

Rein In Your Thoughts. *Barrel Horse News*, June 2013.

A Fresh Start. *Barrel Horse News*, March 2013.